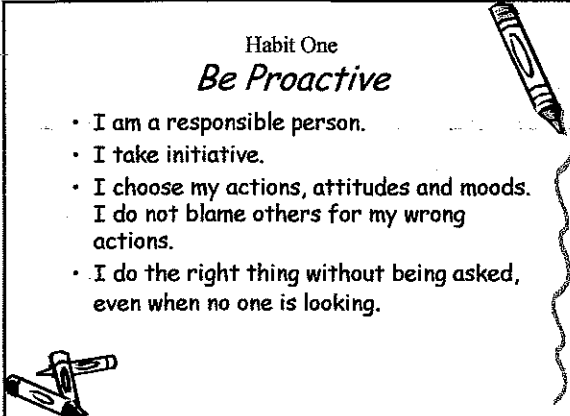


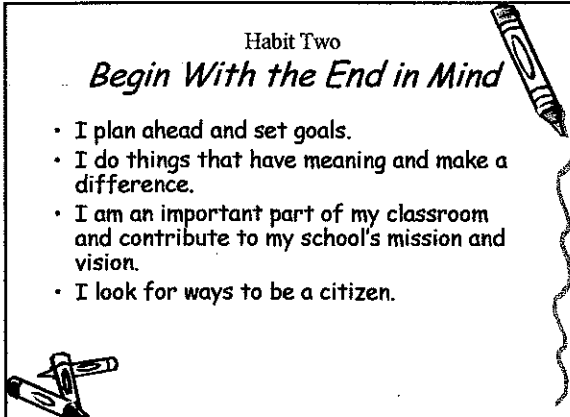
Habit One
Be Proactive

- I am a responsible person.
- I take initiative.
- I choose my actions, attitudes and moods.
I do not blame others for my wrong actions.
- I do the right thing without being asked, even when no one is looking.



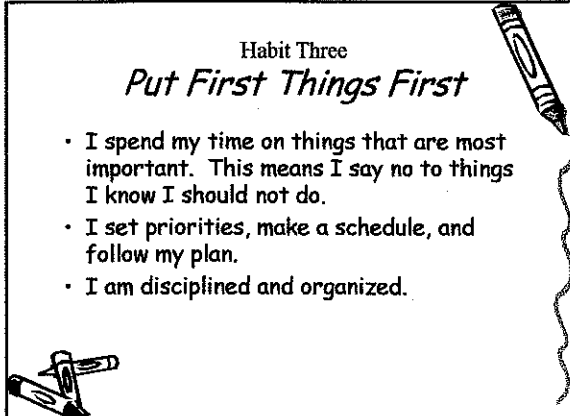
Habit Two
Begin With the End in Mind

- I plan ahead and set goals.
- I do things that have meaning and make a difference.
- I am an important part of my classroom and contribute to my school's mission and vision.
- I look for ways to be a citizen.





Habit Three
Put First Things First

- I spend my time on things that are most important. This means I say no to things I know I should not do.
- I set priorities, make a schedule, and follow my plan.
- I am disciplined and organized.





Habit Four
Think Win Win

- I balance courage for getting what I want with consideration for what others want.
- I make deposits in others' Emotional Bank Accounts.
- When conflicts arise, I look for third alternatives.



Habit Five
***Seek First to Understand,
Then to be Understood***

- I listen to other people's ideas and feelings.
- I try to see things from their viewpoints.
- I listen to others without interrupting.
- I am confident in voicing my ideas.
- I look people in the eyes when talking.

Habit 6
Synergize

- I value other people's strengths and learn from them.
- I get along well with others, even people who are different than me.
- I work well in groups.
- I seek out other people's ideas to solve problems because I know that by teaming with others we can create better solutions than any one of us alone.
- I am humble.

Habit Seven
Sharpen the Saw

- I take care of my body by eating right, exercising and getting sleep.
- I spend time with family and friends.
- I learn in lots of ways and lots of places, not just at school.
- I take time to find meaningful ways to help others.

