



Habit One  
***Be Proactive***

- I am a responsible person.
- I take initiative.
- I choose my actions, attitudes and moods.
- I do not blame others for my wrong actions.
- I do the right thing without being asked, even when no one is looking.



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Habit Two  
***Begin With the End in Mind***

- I plan ahead and set goals.
- I do things that have meaning and make a difference.
- I am an important part of my classroom and contribute to my school's mission and vision.
- I look for ways to be a citizen.



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Habit Three  
***Put First Things First***

- I spend my time on things that are most important. This means I say no to things I know I should not do.
- I set priorities, make a schedule, and follow my plan.
- I am disciplined and organized.



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Habit Four  
***Think Win Win***

- I balance courage for getting what I want with consideration for what others want.
- I make deposits in others' Emotional Bank Accounts.
- When conflicts arise, I look for third alternatives.



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Habit Five  
***Seek First to Understand, Then to be Understood***

- I listen to other people's ideas and feelings.
- I try to see things from their viewpoints.
- I listen to others without interrupting.
- I am confident in voicing my ideas.
- I look people in the eyes when talking.



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Habit 6  
***Synergize***

- I value other people's strengths and learn from them.
- I get along well with others, even people who are different than me.
- I work well in groups.
- I seek out other people's ideas to solve problems because I know that by teaming with others we can create better solutions than any one of us alone.
- I am humble.



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Habit Seven  
*Sharpen the Saw*

- I take care of my body by eating right, exercising and getting sleep.
- I spend time with family and friends.
- I learn in lots of ways and lots of places, not just at school.
- I take time to find meaningful ways to help others.



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